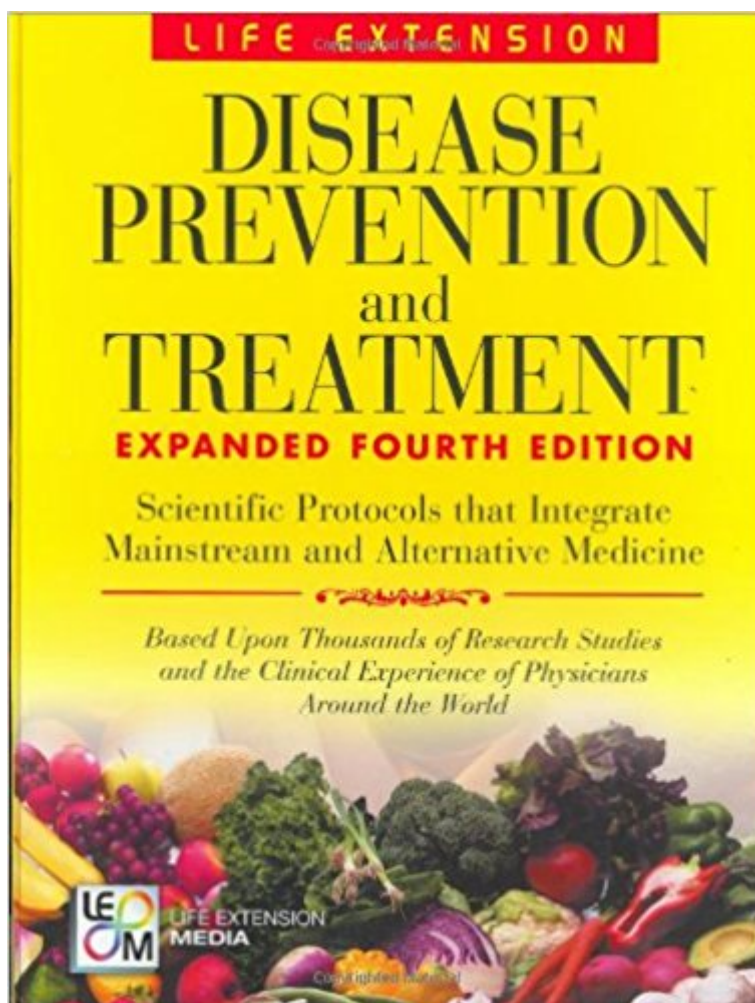


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# Disease Prevention And Treatment, 4th Edition



## Synopsis

The public too often hears about a new life-saving therapy, only to be told that the treatment won't be available for many years. The Life Extension Foundation is proud to release the fourth edition of Disease Prevention and Treatment. This significantly expanded fourth edition provides 1,535 pages of concise information about therapies that are documented in the scientific literature, but are not routinely incorporated into clinical medical practice. Many of the recommendations in this latest edition of Disease Prevention and Treatment provide "inside" information about what innovative physicians are doing to prevent and treat the degenerative diseases of aging. Disease Prevention and Treatment contains novel information that the general public and their doctors are largely unaware of. A few examples of the kind of unique information contained in this book include: &#x95; A drug that is 92% effective in preventing the flu in people who have been exposed to influenza. &#x95; A simple head positioning technique that resolves vertigo symptoms in 50% of cases. &#x95; Proven methods to reduce prescription drug side effects while saving big dollars on your drug purchases. &#x95; A nutrient that suppresses excess insulin production, resulting in reduced carbohydrate craving and subsequent body fat reduction. &#x95; The devastating role that chronic inflammation plays in degenerative disease and novel methods of suppressing the inflammatory cascade. &#x95; A simple blood test that predicts your risk of developing type II diabetes four years ahead of time. &#x95; Hormone imbalances that cause mental depression and how you can correct these. &#x95; FDA-approved drugs that fight cancer, but are over-looked by most oncologists. &#x95; Novel methods to treat either constipation-or diarrhea type irritable bowel syndrome. &#x95; Steps you can take right now to dramatically reduce stroke risk. &#x95; Eight critical steps to controlling or curing cancer that are not routinely used in conventional oncology practice. &#x95; The missing link that causes fibromyalgia patients to endure chronic pain. &#x95; The most effective drug to alleviate the miseries of insomnia. &#x95; Why anti-hypertensive drugs often fail to adequately control high blood pressure and how the dose can be adjusted to make them work better. &#x95; The only therapy shown to slow the progression of Parkinson s disease (by 44%) over a 16-month study period. &#x95; A nutritional protocol for autistic children that parents said doubled improvement in just eight weeks. &#x95; A European drug that protects against glaucoma-induced optic nerve damage. &#x95; A French drug that lowers infections associated with chronic bronchitis by 60% &#x95; Precautions one should take when supplementing with DHEA. &#x95; Safer estrogen replacement drugs to relieve menopausal miseries. &#x95; An OTC drug that can knock out herpes outbreaks within 24 to 48 hours. This drug also shortens the duration of shingles (herpes zoster attacks). &#x95; A superior method for treating acute heart attack (blocked

coronary arteries) than currently used clot-dissolving therapies (such as tPA). &#x95; Why hepatitis C treatment fails so often and a simple step that can be taken to circumvent this impediment. &#x95; In-depth protocols to treat the leading types of cancer including prostate, breast and colon. &#x95; A common hormone deficiency that contributes to age-associated mental impairment and congestive heart failure. The protocols discussed in this book are documented by thousands of published studies from internationally recognized scientific journals. Despite this bountiful evidence, the medical establishment largely ignores many of the therapies recommended in this book. The leading cause of death and disability today is ignorance about scientific approaches to prevent and treat degenerative disease. The novel information contained in Disease Prevention and Treatment could literally save

## **Book Information**

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## **Customer Reviews**

"...one of the most consumer-friendly compilations on current integrative health approaches, empowering patients with knowledge..." -- Anti-Aging Medical News, Winter 2003A "must have" for health care providers and consumers who are interested in an integrated approach to healing. -- Elisa Lottor, Ph.D., N.D., Board Certified Naturopathic Physician and author of Female and ForgetfulEverything from alternative medicine to the most innovative and current anti-aging therapies. Highly recommended! -- Nicholas Perricone, M.D., Author of the Wrinkle Cure and The Perricone PrescriptionLike having a first-rate alternative physician at your disposal. -- Julian Whitaker, M.D., Whitaker Wellness InstituteThis is the most comprehensive integrative medical

reference guide in existence... This book belongs in every home. --Oz Garcia, M.S., Nutritionist and author Look and Feel Fabulous Forever

Disease Prevention and Treatment is the only book of its kind that is an invaluable reference for the patient and physician alike. With the burgeoning growth of complementary therapies, both patient and practitioner need a qualified reference source that provides guidance on integrating the use of prescription medications with nutritional supplements and herbal preparations. This edition also opens the door to progressive therapies being used outside the U.S. to successfully prevent and treat the degenerative diseases of aging.

On June 15, 2012 I was shockingly diagnosed with two large brain tumors after having stroke symptoms at my job. I had not been to a hospital for 25 years and had no primary doctor as I've always been athletic and ate well, or so I thought. I refused to go through the allopathic slow death of poisoning my body and destroying my immune system through chemo-therapy, radiation, and surgery and knew my body, even at the crisis stage I was in, and still am, can heal itself. In my quest I came across this book and ordered it, a used version for very little cost. This is exactly a resource I've been looking for. It was published and written in 2003, so it is not the most up to date, but what it provides is information that is all relevant today and the vast majority of well documented researched protocols are not known by people. Why it's not known information is because there is no money made in UN-patentable natural healing plant based cures. Large pharmaceutical companies spend more money on advertising on all media sources and as a result mass media will not report on information that threatens their income/advertising leader. It's that simple. This book gives you much education and information that gives you the power to heal yourself and stacks the deck in your favor to beat any disease, including Cancer. What you don't know can help you only if you're willing to step outside our bought and sold pharmaceutical controlled medical system. Get This Book AND read it AND follow the suggestions. I have been doing many of the things they suggest already which is comforting to know I'm on the right path. I am living proof that you can live and beat cancer, even with what the medical system considers hopeless for me to live without "their" oncology recommendations. I hope this helps.

Good item arrived on time

A review of this thick book quickly allows you to see how comprehensive the subject matter is.

Although it is somewhat technical, novices can easily understand what the authors are trying to convey. The book and the knowledge gained is well worth the price.

If you want the holistic side of health education this book is a great primer. Informative and easy reading. A great reference.

This book is a well researched and balanced approach to diseases that shows both current medical and alternative treatments. It explains the current mainstream methods of treating each and also gives natural therapies that have been shown to help.

Had to have this book. It has an excellent section on cancer. Highly recommend trying the anti-cancer diet. Now I know what to avoid and what to eat.

So very thorough and comprehensive -- a great resource for nurses, NDs, MDs, and holistic health practitioners across the board. Can't beat the price either:)

A VERY HELPFUL BOOK.

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